



## Cefn Bryn Walk – Gower

### Description:

A nice short walk, but with a proper up hill climb, it will take you to the highest point of Cefn Bryn (the hill which forms the backbone of the peninsula) which will afford you fantastic views over the south Gower coast, the northern marshes, and the Brecon Beacons in the distance. **For those of you not staying with us you are welcome to use this walk but as there are no rights of way through the grounds, please see the note and the [diversion map](#) on the walks page to help you circumnavigate.**

**Distance covered:** 0.5 miles      **Average time:** 30 minutes      **Terrain:** Easy underfoot but steep hills.

### Directions:

Walk out of the front door of the house and turn right, then across the grassy field until you reach the track at the far end. Follow the track passing the trout ponds on your right and valley gardens on your left. Immediately after this there is a crossroads – take the track straight on between the fields and through the woods.

At the end of the woodlands you will cross a stile next to a gate - here the main track will veer to the left but you need to take the small stony path which heads up the hill in a "2 o'clock" direction. (Do not take the path immediately on your right which follows the wood boundary.)

When you meet the unsurfaced road at the top of the rise, follow it to the right. You will see Cefn Bryn (a name which translates to 'hill' or 'ridge') rising up in front of you. On your right at this point, just a little way off the road, are the old gravel pits - believe it or not this was a busy industry here over a hundred years ago.

After 400m take the rough road on your left directly up the steep climb to the top of the hill. Look for a small grass track looping off to your left with a Gower Way marker stone at its start. When you reach the top, turn off and sit down out of the wind to admire the views!

Return by the same route.

Map of Cefn Bryn Walk:

